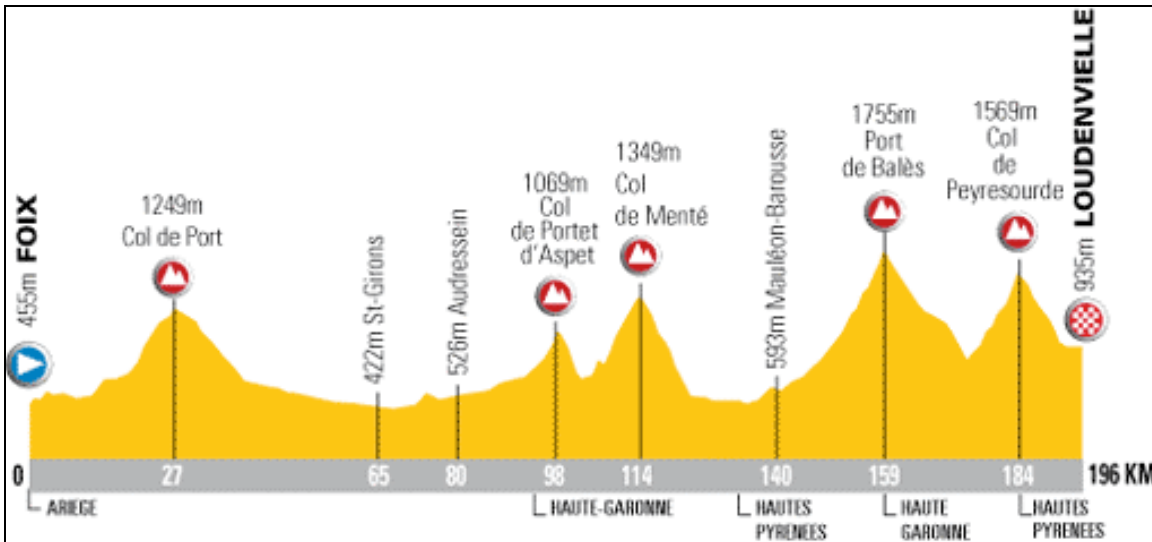


## 2007 ROUTE

**L'Etape du Tour 2007** ([http://www.letapedutour.com/2006/us/index\\_2007.htm](http://www.letapedutour.com/2006/us/index_2007.htm)) began in Foix and crossed 5 mountain passes to finish in Loudenvielle 196 km (122 miles) later, with over 14,000 ft. of climbing. The Etape took place on Monday 16th July, 2007 and the team (Sean, Monica, Leslie, Joseph & John) all finished successfully.

Below is a profile of this route showing the mountain passes with their respective lengths and average % gradients.



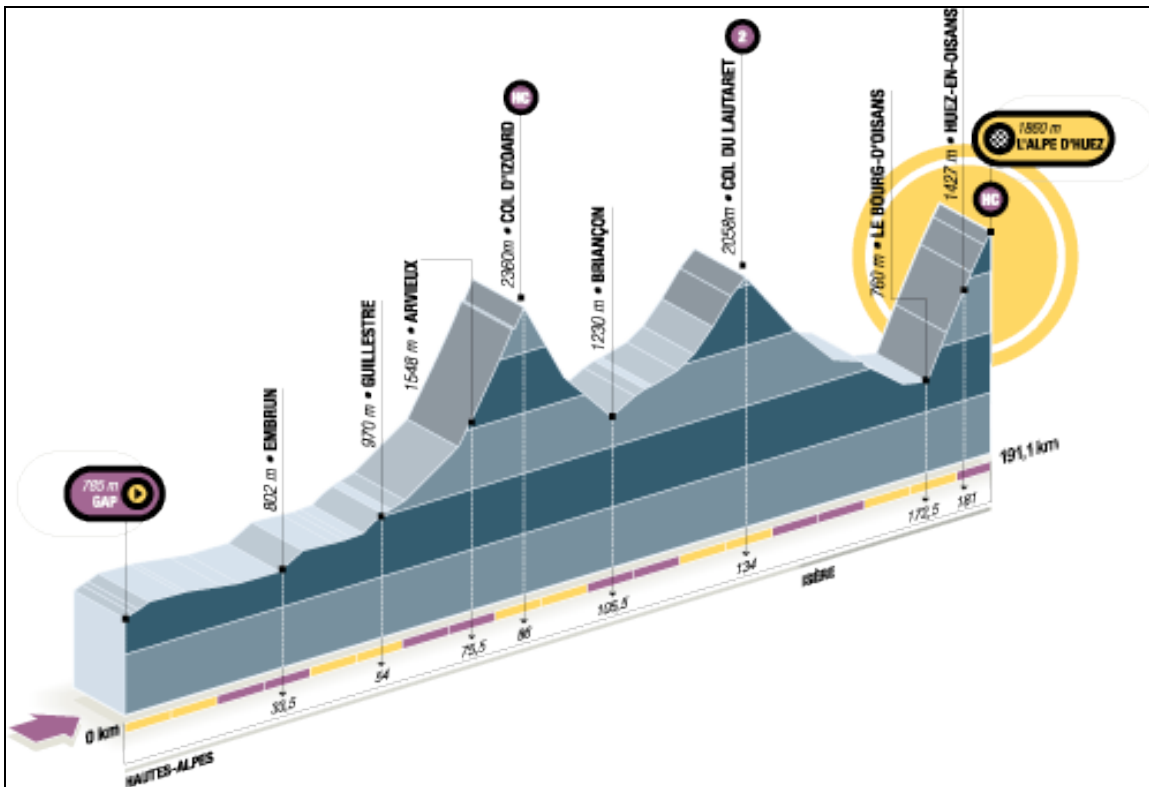
### Foix > Loudenvielle - Le Louron Monday 16 July 2007 - Distance 196 km

Col de Port	Ascent of 11,4 km at a 5,3% gradient
Col de Portet d'Aspet	Ascent of 5,7 km at a 6,9% gradient
Col de Menté	Ascent of 7 km at a 8,1% gradient
Port de Balès	Ascent of 19,2 km at a 6,2% gradient
Col de Peyresourde	Ascent of 9,7 km at a 7,8% gradient

## 2006 ROUTE

**L'Etape du Tour 2006** (<http://www.letapedutour.com/2006/us/index.htm>) began in Gap and crossed 3 mountain passes to finish in L'Alpe D'Huez 191.1km (119 miles) later, with over 13,000 ft. of climbing. The Etape took place on Monday 10th July, 2007 and the team (Sean, Larry, Gregory & John) all finished successfully.

Below is a profile of this route showing the mountain passes with their respective lengths and average % gradients.



### Gap > L'Alpe D'Huez - Monday 10 July 2006 - Distance 191.1 km

Col d'Izoard	Ascent of 20km at a 4,3% gradient with 1390m (4560ft) of climbing
Col du Lautaret	Ascent of 27,8km at a 3% gradient with 828m (2717ft) of climbing
L'Alpe D'Huez	Ascent of 13,2km at a 7.6% gradient with 1100m (3609ft) of climbing